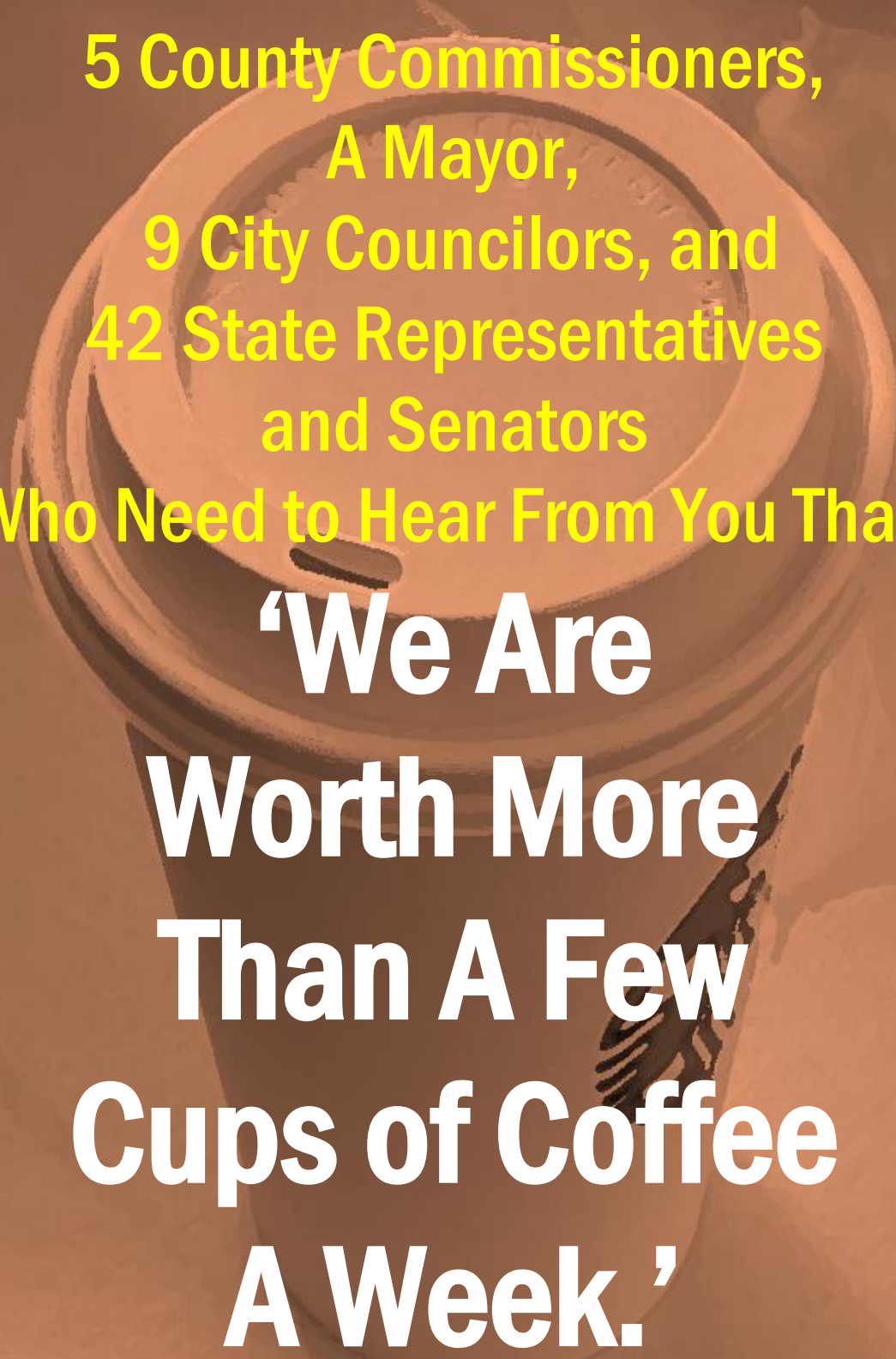




There are
5 County Commissioners,
A Mayor,
9 City Councilors, and
42 State Representatives
and Senators
Who Need to Hear From You That:

**‘We Are
Worth More
Than A Few
Cups of Coffee
A Week.’**

**Use This Guide and Take 20 Minutes Tonight Sending a Message to
Elected Officials Who Can Help Change UNMH Policy on Pay.**

Presented by District 1199 NM of the National Union of Hospital and Healthcare Employees.

UNMH's Compensation Proposal Amounts to A few Cups of Coffee a Week.

Here Are Some Tools for Email and Phone Messaging Key Government Officials.

The Union has prepared some examples of the type of message you can send to key elected officials that represent you and your family. Create your own, edit one of the suggested messages below, or simply copy and paste one from below (in three parts: 1. **Greeting**; 2. **Message** related to the position you hold; and 3. The **Sign-Off**).

We Have included a link at the top of Page 4, which will take you to a New Mexico State Legislature webpage, where you can input your address and find out exactly who your State Representative and Senator are and how to contact them.

You are also encouraged to 'bcc' or 'cc' the other commissioners, councilors, mayor and legislators, by copy and pasting the block of email addresses we have included under the title '**Block of Elected Officials' Email Addresses**' on Page 5, of the electronic copy of this booklet (the printed version does not contain Page 5). **You can get the electronic version by going to the Union Website: <http://www.nmhospitalworkersunion.com/> and clicking on the image of this leaflet.**

Finally, we have included on Pages 3 and 4, a listing of all of these officials with their individual contact information.

Here are some examples for drafting an email, or to assist you in a phone call to the elected officials:

1.) GREETING:

Dear Elected Officials,

2.) MESSAGE: Insert one of the following Message Samples or compose one yourself:

MESSAGE SAMPLE for Housekeepers:

I have worked as a Housekeeper at UNMH for ____ years and am proud of the work I do that helps patients recover comfortably and enables the staff to do their jobs in a clean workplace.

I am writing because my family and I need to survive financially.

For more than ten years we have been behind the eight ball.

The cost of living keeps going up, and UNMH has provided little in the way of raises to help us.

We work hard for our patients.

MESSAGE SAMPLE for Nurses, Pharmacists, and Licensed Technicians:

I have been a nurse [pharmacist or other licensed employee] at UNMH for ____ years.

It is blatantly unfair that new hires for nursing and other licensed positions at UNMH many times make more than those of us who have worked here for years.

Experience, including institutional experience, is increasingly important for great patient care.

We are treated as second class employees.

It is time we get a well-deserved cost of living pay raise.

AND we need for the classification/compensation system to be fixed and develop a good retention policy.

UNM Hospital will lose many experienced professionals, if it does not fix these compensation problems.

MESSAGE SAMPLE for Social / Case Workers:

I have worked as a [social / case] manager for ____ years.

We provide essential services for the coordination of important services to patients. But we need help too.

It is unfair to our families to go yet another year without a serious cost of living raise.

And there is another problem management has failed to deal with.

UNMH must FAIRLY implement fixes to the classification/compensation system.

MESSAGE SAMPLE for Patient Care Techs:

I have worked as a Patient Care Tech for ____ years.

The cost of living keeps going up, and UNMH has provided little in the way of raises to help us.

We work hard for our patients. But our families need help too.

I need and deserve a fair cost of living raise, and UNMH needs to also fund a new pay scale system.

MESSAGE SAMPLE for Food and Nutrition Employee:

*I have worked as a Food and Nutrition employee for ____ years.
As you can imagine, what I and my fellow food and nutrition employees do is vital.
We care for the patients we feed.
Our families need to be treated fair and to be able to put decent food on the table as well.
What we are being paid is not fair.
We need your help.*

MESSAGE SAMPLE for Employees Who Transport Patients:

*I have worked transporting patients at UNMH for ____ years.
My family deserves to get a FAIR chance at living comfortably. I work hard to try and provide for them.
UNMH has been unfair when it comes to not providing a decent cost of living pay raise and a just pay scale.
We need your help. Our families deserve to have a decent life as well, and we cannot provide for that with current UNMH salary policies. It is disrespectful.*

MESSAGE SAMPLE for Employees who work as Electricians, Heating Plant Operators and Similar positions:

*I have been working at UNMH for ____ years, keeping the lights and heat on ... oh, yeah and the air conditioning.
What would you do without us employees?
We are underpaid.
We need a long overdue and FAIR cost of living raise, and we need to get the pay scale/classification system fixed to properly allow us to be paid what our job should be paying us.*

3.) SIGN-OFF: End the Message with Something Like the Following:

Governor Lujan Grisham and the Legislature provided \$167.7 million in new reimbursements to hospitals in New Mexico, so there is plenty for UNMH to fund a fair and long overdue pay raise.

Please communicate to the UNM Hospital CEO and Management that they need to provide for a fair and long overdue pay raise and to fund the fixing of the classification/compensation scales.

Thank you,

YOUR NAME.

Bernalillo County Board of Commissioners

Main Email: Commission@bernco.gov

Commissioner Debbie O'Malley (Vice Chair): Telephone: (505) 468-7027 - Email: District1@bernco.gov

Commissioner Steven Michael Quezada: Telephone: (505) 468-7448 - Email: District2@bernco.gov

Commissioner Maggie Hart Stebbins (Chair): Telephone: (505) 468-7108 - Email: District3@bernco.gov

Commissioner Lonnie Talbert: Telephone: (505) 468-7010 - Email: District4@bernco.gov

Commissioner Charlene Pyskoty: Telephone: (505) 468-7212 - Email: District5@bernco.gov

City of Albuquerque

Mayor Tim Keller: Phone: (505) 768-3000

Use the following link to email the Mayor:

<https://www.cabq.gov/mayor/contact-us/email-the-mayor>

Councilors:

Email Councilor Ken Sanchez Email: kensanchez@cabq.gov

Email Councilor Isaac Benton: ibenton@cabq.gov

Email Councilor Klarissa Peña: kpena@cabq.gov

Email Councilor Brad Winter: bwinter@cabq.gov

Email Councilor Cynthia Borrego: cynthiaborrego@cabq.gov

Email Councilor Pat Davis: patdavis@cabq.gov

Email Councilor Diane Gibson: dgibson@cabq.gov

Email Councilor Trudy Jones: trudyjones@cabq.gov

Email Councilor Don Harris: dharris@cabq.gov

[Click Here for Link to Find Your Legislators](#)

Albuquerque State Representatives Phone Numbers and Email Addresses:

Abbas Akhil (D Bernalillo, District 20)
(505) 280-0997(w) abbas.akhil@nmlegis.gov

Deborah A. Armstrong (D Bernalillo, District 17)
(505) 424-7104(w) (505) 795-5164(h)
deborah.armstrong@nmlegis.gov

Karen C. Bash (D Bernalillo, District 68)
(505) 238-2117(h) karen.bash@nmlegis.gov

Gail Chasey (D Bernalillo, District 18)
(505) 246-2221(w) (505) 266-5191(h)
gail@gailchasey.com

Natalie Figueroa (D Bernalillo, District 30)
(505) 514-4758(h) natalie.figueroa@nmlegis.gov

Miguel P. Garcia (D Bernalillo, District 14, star)
(505) 877-8131(h) miguel.garcia@nmlegis.gov

Joy Garratt (D Bernalillo, District 29)
(505) 977-5038(h) joy.garratt@nmlegis.gov

Dayan Hochman-Vigil (D Bernalillo, District 15)
(505) 288-3500(w) (505) 948-2320(h)
dayan.hochman-vigil@nmlegis.gov

Derrick J. Lente (D R.A., Sandoval & San Juan, District 65)
(505) 507-3063(h) derrick.lente@nmlegis.gov

Georgene Louis (D Bernalillo, District 26)
(505) 250-7932(h) georgene.louis@nmlegis.gov

Antonio Maestas (D Bernalillo, District 16)
(505) 304-7497(h) antonio.maestas@nmlegis.gov

Javier Martínez (D Bernalillo, District 11)
(505) 289-3939(h) javier.martinez@nmlegis.gov

Jane E. Powdrell-Culbert (R Sandoval, District 44)
(505) 721-9021(h) jpandp@comcast.net

William B. Pratt (D Bernalillo, District 27)
(505) 859-0722(h) William.pratt@nmlegis.gov

William "Bill" R. Rehm (R Bernalillo, District 31)
(505) 259-3398(h) bill.rehm@nmlegis.gov

G. Andrés Romero (D Bernalillo, District 10)
(505) 514-9574(h) andres.romero@nmlegis.gov

Patricia Roybal Caballero (D Bernalillo, District 13)
(505) 710-5996(w) pat.roybalcaballero@nmlegis.gov

Patricio Ruiloba (D Bernalillo, District 12)
(505) 243-1458(w) (505) 417-1749(h)
patricio.ruiloba@nmlegis.gov

Debra M. Sariñana (D Bernalillo, District 21)
(505) 559-2200(w) (505) 974-9408(h)
debbie.sarinana@nmlegis.gov

Gregg Schmedes (R Bernalillo, Sandoval & Santa Fe, District 22)
(505) 506-6725(h) gregg.schmedes@nmlegis.gov

Melanie A. Stansbury (D Bernalillo, District 28,)
(505) 750-7079(h) melanie.stansbury@nmlegis.gov

Sheryl Williams Stapleton (D Bernalillo, District 19)
(505) 265-6089(h) sheryl.stapleton@nmlegis.gov

Elizabeth "Liz" Thomson (D Bernalillo, District 24)
(505) 239-1781(h) liz.thomson@nmlegis.gov

Christine Trujillo (D Bernalillo, District 25)
(505) 503-8600(w) christine.trujillo@nmlegis.gov

Albuquerque State Senators Phone Numbers and Email Addresses:

Gregory A. Baca (R Bernalillo & Valencia, District 29)
(505) 385-7303(w) (505) 227-6335(h)
greg.baca@nmlegis.gov

Jacob R. Candelaria (D Bernalillo, District 26,)
(505) 847-5079(w) jacob.candelaria@nmlegis.gov

Candace Gould (R Bernalillo & Sandoval, District 10)
(505) 269-7711(h) candace.gould@nmlegis.gov

Daniel A. Ivey-Soto (D Bernalillo, District 15)
(505) 881-4475(w) daniel.ivey-soto@nmlegis.gov

Linda M. Lopez (D Bernalillo, District 11)
(505) 831-4148(h) linda.lopez@nmlegis.gov

Mark Moores (R Bernalillo, District 21)
(505) 681-1975(h) mark.moores@nmlegis.gov

Bill B. O'Neill (D Bernalillo, District 13)
(505) 450-9263(w) oneillsd13@billoneillform.com

Gerald Ortiz y Pino (D Bernalillo, District 12)
(505) 243-1509(h) jortizyp@msn.com

Michael Padilla (D Bernalillo, District 14)
(505) 977-6247(h) michael.padilla@nmlegis.gov

William H. Payne (R Bernalillo, District 20,)
(505) 986-4702(w) william.payne@nmlegis.gov

Sander Rue (R Bernalillo, District 23)
(505) 899-0288(h) sander.rue@nmlegis.gov

John M. Sapien (D Bernalillo & Sandoval, District 9)
(505) 765-5662(h) john.sapien@nmlegis.gov

Antoinette Sedillo Lopez (D Bernalillo, District 16)
P.O. Box 41414, Albuquerque, NM 87196
Office 986-4389, a.sedillolopez@nmlegis.gov

Benny Shendo (D Bern, McK, R.A., San Juan & Sand, District 22)
(575) 834-7359(w) benny.shendo@nmlegis.gov

Elizabeth "Liz" Stefanics (D Bern, Linc, S.M., S.F., Tor & Val, District 39)
(505) 699-4808 (w) (505) 471-7643
(h) liz.stefanics@nmlegis.gov

Mimi Stewart (D Bernalillo, District 17)
(505) 275-2355(w) mimi.stewart@nmlegis.gov

Bill Tallman (D Bernalillo, District 18)
(505) 702-6828(h) bill.tallman@nmlegis.gov

James P. White (R Bern., Sandoval, SF & Torrance, District 19)
(505) 271-4746(h) james.white@nmlegis.gov

You can copy and paste the following email addresses into the address, 'cc' or 'bcc' box of your email to send to all of the Bernalillo County Commissioners, the Albuquerque City Councilors, and all the Albuquerque State Representatives and State Senators in one email blast:

abbas.akhil@nmlegis.gov;
deborah.armstrong@nmlegis.gov;
karen.bash@nmlegis.gov;
gail@gailchasey.com;
natalie.figueroa@nmlegis.gov;
miguel.garcia@nmlegis.gov;
joy.garratt@nmlegis.gov;
dayan.hochman-vigil@nmlegis.gov;
derrick.lente@nmlegis.gov;
georgene.louis@nmlegis.gov;
antonio.maestas@nmlegis.gov;
javier.martinez@nmlegis.gov;
jpandp@comcast.net;
William.pratt@nmlegis.gov;
bill.rehm@nmlegis.gov;
andres.romero@nmlegis.gov;
pat.roybalcaballero@nmlegis.gov;
patricio.ruiloba@nmlegis.gov;
debbie.sarinana@nmlegis.gov;
gregg.schmedes@nmlegis.gov;
melanie.stansbury@nmlegis.gov;
sheryl.stapleton@nmlegis.gov;
liz.thomson@nmlegis.gov;
christine.trujillo@nmlegis.gov;
greg.baca@nmlegis.gov;
jacob.candelaria@nmlegis.gov;
candace.gould@nmlegis.gov;
daniel.ivey-soto@nmlegis.gov;
linda.lopez@nmlegis.gov;
mark.moores@nmlegis.gov;
oneillsd13@billoneillform.com;
jortizyp@msn.com;
michael.padilla@nmlegis.gov;

william.payne@nmlegis.gov;
sander.rue@nmlegis.gov;
john.sapien@nmlegis.gov;
a.sedillolopez@nmlegis.gov;
benny.shendo@nmlegis.gov;
liz.stefanics@nmlegis.gov;
mimi.stewart@nmlegis.gov;
bill.tallman@nmlegis.gov;
james.white@nmlegis.gov;
Commission@bernco.gov;
District1@bernco.gov;
District2@bernco.gov;
District3@bernco.gov;
District4@bernco.gov;
District5@bernco.gov;
kensanchez@cabq.gov;
ibenton@cabq.gov;
kpena@cabq.gov;
bwinter@cabq.gov;
cynthiaborrego@cabq.gov;
patdavis@cabq.gov;
dgibson@cabq.gov;
trudyjones@cabq.gov;
dharris@cabq.gov;

Use (click on) the following link to email Albuquerque Mayor Tim Keller:
<https://www.cabq.gov/mayor/contact-us/email-the-mayor>